

We strongly encourage you to discuss all issues of your life with your parent(s) or guardian(s). However, unless it is a life-threatening issue, the information you provide on this form is confidential between Dr. Thaxton, his nurses and you. It will not be released without your written consent. If you would like help in completing this form, please let the nurse know. **If you don't feel comfortable answering a question, leave it blank and Dr. Thaxton or his nurse will talk to you about it.**

Name _____ Age _____ Today's Date _____

Why did you come to our office today? _____

Please answer these general questions. The last column is for Dr. Thaxton and his nurse to use for notes

FRIENDS AND FAMILY		For doctor/nurse use
Can you talk with your parent(s) or guardian(s) about personal things happening to you?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
If not, is there another adult you trust and can talk to if you have a problem?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who?	
With whom do you live? (Please circle all that apply)	Mother, Father, Guardian, Siblings Other:	
Do you think your family has lots of fun together?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you think your parents care about you?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you have a best friend?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
SCHOOL AND WORK		
Do you like school?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not in school	
Do you do make good grades in school?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not in school	
What grade are you in?	Grade: <input type="checkbox"/> Not in school	
What school do you attend?	School: <input type="checkbox"/> Not in school	
How often have you skipped school?	<input type="checkbox"/> Never <input type="checkbox"/> Once or twice <input type="checkbox"/> A lot	
Do you have any learning problems?	<input type="checkbox"/> Yes <input type="checkbox"/> No Doing what?	
Do you have a job?	<input type="checkbox"/> Yes <input type="checkbox"/> No Doing what?	
Do you know what you want to be when you are older?	<input type="checkbox"/> Yes <input type="checkbox"/> No What?	
APPEARANCE AND FITNESS		
Do you have any concerns or questions about the shape or size of your body or the way you look?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
Do you want to gain or lose weight?	<input type="checkbox"/> Gain <input type="checkbox"/> Lose <input type="checkbox"/> Neither	
Have you ever tried to lose weight or control your weight by throwing up, using diet pills or laxatives or not eating for a day	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you ever had your body pierced (other than ears) or had a tattoo?	<input type="checkbox"/> Yes <input type="checkbox"/> No	

APPEARANCE AND FITNESS CONTINUED		For doctor/nurse use
Do you exercise or participate in a sport at least for at least 30 minutes 5 times a week that makes you breathe hard or sweat?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
How many fruits and vegetables do you eat each day?	<input type="checkbox"/> None <input type="checkbox"/> 1-2 <input type="checkbox"/> 3-4 <input type="checkbox"/> 5-6 <input type="checkbox"/> 7 or more	
How much milk, ice cream or yogurt do you each daily?	<input type="checkbox"/> None <input type="checkbox"/> 1-2 <input type="checkbox"/> 3-4 <input type="checkbox"/> 5-6 <input type="checkbox"/> 7 or more	
SAFETY/WEAPONS/VIOLENCE		
Do you wear a seat belt when drive or ride?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you wear a helmet when you ride a bike, motorcycle, ATV, mini-bike, skateboard, rollerblade or scooter?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you or anyone you live with have a gun, rifle or other firearm?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
Have you ever carried a gun or a weapon?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you ever been in trouble with the law?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Has anyone ever touched you in a way that made you feel uncomfortable?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
Has anyone ever forced you to have sex?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
Has anyone ever hurt you physically or emotionally?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
RELATIONSHIPS		
Are you going out with anyone?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Who do you find yourself sexually attracted to?	<input type="checkbox"/> Girls <input type="checkbox"/> Boys <input type="checkbox"/> Both	
Have you ever had sex with anyone? If your answer is yes, complete the question in this section. If no, complete the next question only.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
If you answered no, do you plan to have sex with anyone in the next year? Skip the questions below and advance to the section on tobacco, alcohol and drugs.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
How many partners do you have now? In the past?	Now: In the past:	
How old were you when you first had intercourse?	Age:	
Have you ever had sex with anyone of your same sex?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you use anything to prevent pregnancy?"	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what?	
Does your partner always use a condom with you?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you ever have sex for money or drugs?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Are you worried about your parents knowing you are having sex?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you ever participate in other sexual activities such as touching, oral or anal sex?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
If yes, do you use anything to prevent disease?	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what?	
TOBACCO, ALCOHOL AND DRUGS		
Do you smoke cigarettes or cigars, use snuff or chew tobacco?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do your friends smoke cigarettes or cigars, use snuff or chew tobacco?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
How you ever gotten drunk on wine, beer or liquor?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have your friends ever gotten drunk on wine, beer or liquor?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
Do you currently drink? If no, skip next two questions.	<input type="checkbox"/> Yes <input type="checkbox"/> No	

TOBACCO, ALCOHOL AND DRUGS CONTINUED		For doctor/nurse use
If you drink, how much alcohol do you drink at one time?	<input type="checkbox"/> 1-2 drinks <input type="checkbox"/> 3 or more drinks	
If you drink, do you ever drink 5 drinks in a row?	<input type="checkbox"/> 1-2 drinks <input type="checkbox"/> 3 or more drinks	
Have you ever used marijuana or other drugs (like cocaine, heroin or ecstasy) or sniffed inhalants?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have your friends ever used marijuana or other drugs (like cocaine, heroin or ecstasy) or sniffed inhalants?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
Have you ever used drugs or alcohol so much you could not remember what happened?	<input type="checkbox"/> Do not use drugs or alcohol <input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you ever missed work or school because of use of drugs or alcohol?	<input type="checkbox"/> Do not use drugs or alcohol <input type="checkbox"/> Yes <input type="checkbox"/> No	
In the past year have you been in a car or other motor vehicle accident when the driver was drunk or had been drinking or using drugs? This includes you as a driver as well as other people.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Would you call your parent(s) or guardian(s) for a ride if you were stranded because the person who was supposed to drive you home had been drinking? This includes you any other people.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	
EMOTIONS		
In the past few weeks, have you often felt sad or down as though you have nothing to look forward to?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you ever thought about killing yourself, made a plan to kill yourself or actually tried to kill yourself?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
During the past year have you had any major good or bad changes in your life (death of someone close, birth, graduation, breakup with boyfriend or girlfriend, etc.?)	<input type="checkbox"/> Good <input type="checkbox"/> Bad <input type="checkbox"/> No changes	
If you answered no, do you plan to have sex with anyone in the next year? Skip the questions below and advance to the section on tobacco, alcohol and drugs.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure	

Would you like to discuss anything with Dr. Thaxton or his nurse today? _____

Select questions have been taken directly or adapted from the following sources, with permission: [GAPS—Younger Adolescent Questionnaire](#), American Medical Association 1998; [Middle-Older Adolescent Questionnaire](#), American Medical Association 1997.